



The Spa

The Spa at Corick House

Secluded in the heart of Clogher Valley with a strong emphasis on the curative powers of nature and water, The Spa at Corick House Hotel promises to deliver an enchanting spa escape. The calming tones of bronze and gold meet you at the entrance and immediately begin the process to calm your mind, relax your body and restore your spirit.

With 8 luxurious treatment rooms including couples rooms guest can enjoy our range of relaxation and beauty treatments. Your treatment will be followed by a mindful moment in the deep relaxation room.

The Spa at Corick House also boasts the sumptuous Serenity Suite.

A little bit of added luxury to your spa break, the private area is in a secluded corner of the spa with no interruptions. Float away to a land of luxury in our outdoor hot tub, curl up in the relaxation area with a selection of herbal teas and fresh fruit juices, and unwind in the private steam chamber. The Serenity Suite is sure to perk you up and revive all of your senses.



Signature Day Spa

Midweek Delight

£70PP

(Mon - Thurs)

Includes two 25-minute treatments of your choice and 1-hour use of our Thermal Suite.

Here Come The Girls

£105PP

(minimum of 4 people)

Enjoy one hour in our Thermal Suite, one hour in the private Serenity Suite, and celebrate with a bottle of prosecco.

Includes two 25-minute treatments (shoulder neck and scalp, back and shoulder, foot and leg or express facial).

Perfect for hen parties, birthdays, or special occasions.

Couples Retreat

£165PP

(Minimum 2 guests)

Experience one hour in the Thermal Suite, followed by another hour in the private Serenity Suite. Indulge in a post-treatment smoothie in our relaxation room, complemented by a bottle of Prosecco, fresh strawberries, and chocolates. Enjoy a full-body massage, a tailored express facial, and a light lunch in the Blackwater Bar & Lounge.

Corick Relaxation

£190PP

Indulge in a full-body hot stone massage with essential aroma oils, followed by a luxurious facial tailored to your unique skin needs. Enjoy a soothing head, neck, and shoulder massage, concluding your treatment with a luxurious pedicure (gel upgrade available for an additional £10). Afterward, savor a post-treatment smoothie in our relaxation room, followed by a light lunch in the Blackwater Bar & Lounge.

Serenity Suite

The **Serenity Suite** a luxurious addition to your spa getaway. Nestled in a secluded spa corner, this private haven offers uninterrupted relaxation. Immerse yourself in the outdoor hot tub, lounge in the serene area with herbal teas, and rejuvenate in the private steam chamber. All Serenity Suite packages come with 60 minutes of bliss and an extra 60 minutes to enjoy the Thermal Suite, featuring a hydrotherapy pool, sauna, steam room, and thermal lounge for the ultimate spa indulgence.

Serenity Suite Silver Retreat

 **120 mins** **£40pp**

Enjoy pampering at the Corick House Hotel Spa. Experience 1 hour in the state-of-the-art Thermal Suite, featuring a hydrotherapy pool, sauna, and steam room. Followed by an additional hour in the Private Serenity Suite—an exclusive space with indoor seating, a steam chamber, and an outdoor hot tub.

Serenity Suite Gold Retreat

 **140 mins** **£80pp**

Savor a pampering experience at Corick House Hotel Spa. Enjoy the state-of-the-art hydrotherapy pool, sauna, and steam room. Retreat to the private Serenity Suite for an hour, where a glass of sparkling wine, fresh strawberries, and chocolates await. Delight in a 20-minute treatment of your choice—options include a Relaxing Back Massage, Scalp, Neck & Shoulder Massage, or Foot and Leg Massage. Conclude with tranquil moments in our deep relaxation area.

Serenity Suite Diamond Retreat

 **170 mins** **£115pp**

Experience the luxury of the Serenity Suite for an hour, where you'll be greeted with a glass of sparkling wine, fresh strawberries, and chocolates. Enjoy a 50-minute treatment of your choice—options include a Signature Facial, Swedish Full Body Massage, or Back Massage & Express Facial. Conclude your experience with tranquility time in our deep relaxation area.

Serenity Suite Platinum Retreat

 **220 mins** **£180pp**

Relish the Serenity Suite for 1 hour, greeted with sparkling wine, fresh strawberries, and chocolates. Experience two 50-minute treatments—choose from Swedish Full Body Exfoliation, Facial, or Full Body Massage. Enjoy tranquility time in the deep relaxation area and conclude with a light lunch at the Blackwater Bar & Grill in the main hotel.



epionce
Milky Lotion Cleanser
Lotion lavante moussante

epionce
Balancing Toner
Tonique équilibrant

Epionce Facial Treatments

Renewal Lip and Eye Treatment

 **25 mins £50.00**

The perfect stand alone treatment, or an add on to any facial to help combat and treat puffiness, dark circles and loss of firmness around the eyes as well as fine lines and dehydration around the eyes and lips.

Epionce Express Facial Treatment

 **30 mins £60.00**

A light, refreshing facial, perfect for on the go individuals looking for a more in-depth guide to treat their skin with epionce home care product range. This facial also enables your therapist to rebook a more in depth service to address specific concerns and conditions.

Epionce Pore Purifying Treatment

 **50 mins £75.00**

A deep cleansing facial for oily and problematic skin to help loosen pore debris for extraction through the use of steam and individual product line to best suit your skin. Helping to balance, calm and smooth the visible appearance of uneven skin texture and imperfections.

Epionce Signature Renewal Facial

 **60 mins £80.00**

A European style facial with emphasis on deep cleansing, relaxation, anti aging and massage. Aimed at improving radiance through a combination of botanical ingredients and patent pending formulas helping to enhance cell turnover reducing the visible appearance of fine lines and wrinkles, leaving rejuvenated, healthier younger looking skin. Hand and arm or neck and scalp massage preformed during your treatment mask.

Epionce Pregnancy Facial

 **50 mins £75.00**

A deeply relaxing and soothing facial suitable for clients during pregnancy or breastfeeding. Using powerful botanical anti inflammatory properties to strengthen and repair the skin barrier to help hydrate and soothe skin in this ever changing skin journey.

Chemical Peel

Epionce Lite Refresh peels are a type of chemical skin peel. Chemical peels are a range of professional, exfoliating facials that do not actually contain any chemicals, but are named after the powerful blend of active, anti-ageing ingredients they are formulated from.

The Lite Refresh Peel works to re-establish a better epidermal quality, and this can be used to reverse hyper pigmentation issues, soften the symptoms of mild acne and improve the appearance of fine lines.

The peel itself consists of malic and salicylic acids which are the essential skin exfoliating duo that boosts new skin cell production and leaves the skin clearer, and smoother, from the onset.

For best results we recommend a course of chemical peel treatments.

Epionce Refresh Skin Peel

 **45 mins** **£95.00**

Our Epionce Lite Refresh peel works to unleash the natural potential of your skin and is developed by skincare brand Epionce, who simply believe that healthy skin is beautiful skin. Epionce have integrated over twenty years of clinical skin research, science and botanical ingredients to create products that reveal beautifully bright and smoother skin. This treatment is great for the majority of skin concerns and can help with acne, post-acne discoloration, rosacea and overly red skin, along with sensitive skin as it strengthens the skin's natural barrier response, which also helps improve signs of ageing and overall dullness of the skin.

Epionce Refresh Skin Peel Course of 4

£360

Epionce Refresh Skin Peel Course of 6

£540



AROMATHERAPY
ASSOCIATES
LONDON



AROMATHERAPY
ASSOCIATES
LONDON

Aromatherapy Associates Body

The Ultimate Aromatherapy Experience

 **60mins** **£80.00**

 **90mins** **£100.00**

Experience our aroma test to select an oil tailored to your needs. Choose from a signature blend of natural plant and flower oils with exotic scents and therapeutic benefits. Your therapist will apply carefully measured pressures, combining Swedish and neuromuscular techniques to alleviate muscular tension and lymphatic drainage for healthy circulation. This comprehensive head-to-toe massage dissolves stress and tension, blending eastern and western techniques for a holistic approach to body, mind, and spirit. Opt for a 60-minute or 90-minute session, with the longer option providing extra focus on facial massage. This ritual releases tension throughout your body, leaving you deeply relaxed and rejuvenated.

Intense Muscle Release

 **60mins** **£95.00**

Tailored for tight, stressed, and aching muscles, this restorative treatment combines Swedish and cross muscle fiber massage techniques with stretching and draining. Essential oils, including black pepper, rosemary, and ginger, warm the muscles, dispersing lactic acid buildup that leads to stiffness and pain. Calming lavender provides soothing and anti-inflammatory benefits. This intensive massage targets deep-seated pain and tension, providing instant relief to stiff and tight muscles.

Ultimate Pregnancy Massage

 **60 mins** **£75.00**

Experience nurturing support during a time of constant change. Choose from three pregnancy-safe oils designed to nourish and care for your expanding skin. The traditional aromatherapy pressure point massage focuses on the upper back, addressing tight shoulders to relieve stress and tension. The massage extends to the legs, easing the heaviness associated with pregnancy. The treatment concludes with a full scalp and facial massage, using an oil tailored to your skin type. Embrace the joy of pregnancy, leaving life's stresses behind with this top-to-toe treatment.

Rose Indulgence


 **60 mins** **£100.00**

 **90 mins** **£125.00**

Experience the ultimate exfoliation and wrap treatment for a spirit-lifting and skin-enriching indulgence. The journey begins with guided breathing for relaxation, followed by a thorough full-body exfoliation that softens the skin. Enjoy the layering of a complete rose ritual from head to toe, focusing on the back, legs, arms, abdomen, chest, and scalp. Opt for the 60-minute body treatment or the extended 90-minute session, which includes additional attention to the hair and face.

Unwind & Destress

 **60 mins** **£95.00**

 **90 mins** **£120.00**

Ideal for periods of stress and overactivity, this treatment is designed to help the mind unwind and refocus, restoring balance. A dual-layer of products is applied to alleviate stress in both the mind and body, soothing a heavy head of stressful thoughts through Ayurvedic scalp massage and pressure point techniques. Choose from the 90-minute full-body session with gentle mobilisations and massage targeting the back, legs, scalp, face, arms, and chest. Alternatively, opt for the 60-minute session with a focus on specific areas, including the back, scalp, face, arms, and chest.

Forest Therapy

 60 mins	£95.00
 90 mins	£125.00

Revitalise yourself from the stresses of modern living, purifying your body and easing restlessness. The experience begins with a cleansing guided inhalation and tension-releasing deep massage. A warm grounding mud mask is then applied to recharge your hands and feet. The session concludes by restoring tranquility to your mind with an expert scalp massage.

Choose the 90-minute option for a full-body, scalp, and facial massage, focusing on the back, legs, abdomen, and scalp. This includes hot stone placement, a warm mud mask for the hands and feet, and a facial featuring exfoliation, mud mask, and pressure point massage.

Alternatively, opt for the 60-minute session with a focus on the body and scalp, including massage for the back and legs.

Inner Balance – Indian Head & Hopi Ear

 50 mins	£75.00
---	---------------

Indian head massage is an ideal treatment for both the body and mind, offering relief to tense muscles and alleviating aches and pains in the neck, shoulders, face, and scalp. Following this, Hopi ear candling is performed to create a pleasant sensation of warmth and restore balance to pressure in the ears, forehead, and sinuses.

Hot Stone Massage

 60 mins	£80.00
 90 mins	£105.00

Immersed in deeply moisturizing oil, a carefully chosen selection of Balinese stones is used to target your specific needs. The stones are skillfully applied over the body, working deeply into the muscles to address tension at a profound level, coaxing the muscles to release their trapped energy.

Express Manicure/Pedicure

 **30 mins** **£20.00**

The nails are shaped, filed, buffed and a polish applied.

Express Gel Polish

 **45 mins** **£25.00**

Fingers or Toes The nails are shaped, filed, buffed, cuticles tended to and a gel polish applied.

Luxury Manicure

 **60 mins** **£50.00**

A well-deserved pampering treatment for your hands. Begin your treatment with a hot towel compress to soften the skin which is followed by a luxurious exfoliation. The nails are shaped, filed, buffed and cuticles tended to.

Your therapist then applies a luxurious conditioning mask and your hands will be placed into warm mitts to intensify the treatment. A soothing massage will leave your hands feeling smooth and refreshed. The treatment is completed with a polish.

Luxury Pedicure

 **60 mins** **£50.00**

Sink into our state of the art massage pedicure chair and sooth tired sore feet with an invigorating luxury pedicure. After soaking, your feet are exfoliated to refresh the skin and stimulate circulation. The nails are shaped, filed, puffed and cuticles tended to. Your therapist then applies a luxurious conditioning mask and your feet will be placed into warm mitts to intensify the treatment. A soothing massage will leave your feet feeling moisturised and refreshed. The treatment is complete with a polish



Wax Treatments

Hard Wax

A peel off wax applied thickly on the skin and removed with your fingers. Used on sensitive and delicate areas.

Soft Wax

Is applied thinly and used with a paper strip. Used on larger areas of skin.

Waxing

Half Leg **£13**

Full Leg **£20**

Bikini - (Advanced options available) From **£10**

Under Arm **£7**

Lip **£4**

Eyebrow **£5**

Chin **£4**

Finishing Touches

Tinting

Eyelash Tint **£8**

Eyebrow Tint **£5**

Eye Package Eyebrow - Wax, Tint &

Eyelash Tint **£15**

Tan

Spray Tan Full body **£20**

Half Body **£15**

Makeup **£25**

Gym Membership

Membership to the fully equipped gym includes complimentary use of the thermal suite including hydrotherapy pool, sauna, steam room, and thermal lounge.

All members will receive 10% discount on home care products and 10% discount on treatments Mon – Thurs.

Membership Options

1 Month gym membership **£40**

6 Months gym membership **£210**

12 Months gym membership **£360**

Access to thermal areas & discounts may be restricted at peak times

Please be aware the thermal suite should be pre booked to ensure your time slot is available post gym.

How to Spa

Opening Hours

Gymnasium & Thermal Areas

Mon – Fri 9.00am – 9.00pm Sat – Sun
9.00am – 7.00pm

On Arrival

The spa kindly asks guests to arrive 15 minutes prior to their first appointment to allow time to change, if desired, and fill out a medical questionnaire. Arriving late will deprive you of precious minutes of your treatment.

Spa Attire

The spa provides complimentary robes, towels and slippers. Swimwear should be worn in all of the wet facilities in the spa. Disposable underwear can be provided for wet treatments and we respectfully request that underwear is worn for all other treatments.

Etiquette

The Spa is a sanctuary for the mind, body and soul. Out of consideration for others, we request that visitors keep noise to a minimum. Mobile phones and electronic devices must be switched off before entering the spa.

Mothers to Be

Please advise us if you are pregnant or nursing as some treatments during this special time are not recommended. We have a range of treatments that have been specially selected to help with all your needs during this magical time and will be happy to recommend these treatments. Please allow the spa team to guide you in selecting which treatments are most suitable for you during this special time. Unfortunately we do not offer spa treatments during the first 2 weeks of pregnancy.

Thermal Suite

Children under the age of 16 years old are not permitted in the spa or thermal area. We ask that jewellery is not worn in the thermal suite or serenity suite and locked safely in your locker.

Contradictions

All treatments are carried out subject to completion of our client consultation card, which you will be required to complete on arrival. If you have any medical conditions there may be restrictions on the treatments you can avail of. If you have high blood pressure, heart conditions, allergies or any other medical complications we advise that you consult your doctor before booking spa treatments. If you have a medical condition and would like to know what treatments you can avail of, please ask our spa therapists who will be happy to assist you.

Payment

We accept cash, all major credit cards and hotel guests can charge to their room. All prices are quoted in pounds sterling per person and are subject to change without prior notice. We also reserve the right to modify or discontinue treatments without prior notice.

Refund Policy

Treatment packages are non-refundable and non-transferable.

Cancellation Policy

For group bookings of 5 guests or more a 4 day cancellation period is required otherwise there will be a 100% cancellation fee incurred. For bookings under 5 guests we require a cancellation period of 72 hours. If this cannot be given for any reason it will result in a 100% cancellation fee on the given debit/credit card.

SPA



+44 (0)28 8554 8216 - Ext 2

20 Corick Road, Clogher, Co. Tyrone, BT76 0BZ

spa@corickcountryhouse.com

www.corickcountryhouse.com