



## Bubbles & Bliss

£50 pp

Step into pure relaxation with this rejuvenating retreat — the perfect way to unwind and refresh your senses.

1 hr Thermal Suite
1 hr Serenity Suite
Glass of Elderflower Spritz
£10 Voucher for Carleton Restaurant

## Autumn Escape

from £55 pp

Embrace the golden glow of autumn with this seasonal treat.

1 hr Thermal Suite
45 minute Seasonal Treatment:
Energising foot massage
Scrub and mask
Facial cleanse
Massage to the shoulders, face and scalp

Option to upgrade to include a 25 minute back massage for an extra £15pp

## Tranquility Treat

£95 pp

A dreamy day of indulgence, combining sweet treats and total rejuvenation.

1 hr Thermal Suite 50 min Full Body Massage Afternoon Tea