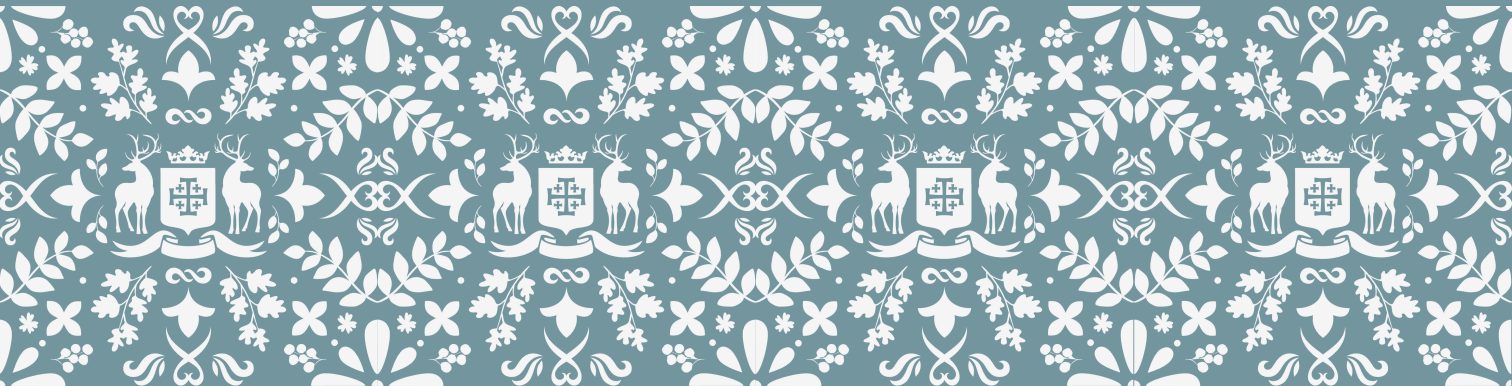




The Spa

AT CORICK





The Spa at Corick

WHERE HERITAGE MEETS HOLISTIC HARMONY

Nestled in the heart of Clogher Valley, The Spa at Corick House invites you to step into a sanctuary where the curative powers of aromatherapy and botanical skincare combine with holistic treatments and hydrotherapy to restore your whole being.

Begin the process of grounding your mind, easing your body, and uplifting your spirit in our Thermal Suite, with hydrotherapy pool, sauna, steam room and concept shower.

With 8 thoughtfully designed treatment rooms, including a serene couples space, our menu of holistic therapies and beauty rituals promises to soothe and renew. Using the best products from Aromatherapy Associates, Epionce Skincare and Wild Irish Seaweeds.

After your treatment pause in our Deep Relaxation Room for a mindful moment of tranquillity. Or for an elevated escape, retreat to the Serenity Suite - a secluded haven within the spa. Immerse in the outdoor hot tub under open skies, sip herbal infusions in the lounge and melt into the warmth of your private steam chamber.

Whether shared or savoured solo, our spa offers the perfect blend of ritual and rest.

THE SPA AT CORICK HOUSE: A PLACE TO RETURN TO YOURSELF.

Seasonal Offers

JULY, AUGUST & SEPTEMBER 2026

AFTERNOON TEA PARTY | £95PP

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

50-Minute Spa Treatment

Choice of:

Summer Medley: *Exfoliation, massage and moisturise to the back and feet, using a sunshine inspired fresh cocktail of antioxidant rich ingredients*

OR

Epionce Signature Glow Facial: *Facial cleanse, exfoliation and mask, combined with a massage to the shoulder, face and scalp to rebalance the mind and illuminate the complexion*

Afternoon Tea

Finger sandwiches, scones and patisserie served in the hotel restaurant

GLOW INTO SUMMER | £60PP

Monday-Friday

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

45-Minute Seasonal Treatment

A soothing massage starting on the lower legs and feet continuing on to the hand and arms, shoulder, neck, decollate and scalp.

*Upgrade

25-Minute Relaxing Back Massage
extra £15 per person

SUNSHINE SERENITY | £55PP

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

1 hr Serenity Suite

Indoor lounge, steam chamber, thermal lounge, and outdoor hot tub

Summer Cocktail & Sweet Treat

Sip on a handcrafted seasonal cocktail or mocktail and enjoy a sharing plate of sweet treats

Wellness Packages

CRAFTED FOR TOTAL RESET

MID-WEEK ESCAPE | £75PP

Monday-Friday

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

Two 25-Minute Treatments

Choice of:

Signature Back Massage

Epionce Facial

Leg & Foot Renewal

Ayurvedic Scalp Ritual

Deep relaxation time

Duration : 2hrs

CORICK RELAXATION SPA DAY | £190PP

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

3hr Spa Treatment

Full body Hot Stone Massage, Bespoke Epionce Facial with Scalp Massage and Luxury Pedicure*

*option to upgrade to Gel Polish

£10 Dining Voucher for the Carleton Restaurant & Conservatory

Duration : 4hrs

THE RENEWAL JOURNEY | £175PP

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

2.5hr Spa Treatment

Full Body Exfoliation, Signature Massage & Hydration followed by an Epionce Facial with Scalp Massage

Serene tranquillity time in the deep relaxation area

Duration : 3.5hrs

COUPLES RETREAT | £330 PER COUPLE

1 hr Thermal Suite

Hydrotherapy pool, sauna and steam room

1 hr Serenity Suite

Bottle of Prosecco

1.5 hr Spa Treatment

Full Body, Face & Scalp Ritual in a couples treatment room

£10 Dining Voucher for the Carleton Restaurant & Conservatory

Duration : 3.5hrs

The Serenity Collection

THE ART OF ESCAPE IN PRIVATE SECLUSION

Discover the ultimate spa escape in our exclusive Serenity Suite. Combining luxurious indoor relaxation spaces with a private outdoor hot tub, this secluded retreat has been thoughtfully designed to help you switch off, recharge and enjoy a sense of calm away from the demands of daily life. Perfect for couples, friends or small groups seeking a more private spa experience. All of our serenity suite experiences include 60 minutes to enjoy the Thermal Suite, featuring a hydrotherapy pool, sauna, steam room, and thermal lounge.

SILVER SERENITY | £40PP

Enhance your spa treatment journey with time in the Serenity Suite - available as a standalone escape or a mindful addition to any spa ritual

1 hr Thermal Suite

1 hr Serenity Suite

GIRLY GATHERING | £110PP

Minimum of 4 guests

1 hr Thermal Suite

1 hr Serenity Suite

Bottle of Prosecco

50-Minute Reset Treatment:

Back Massage & Epionce Bespoke Facial

GOLD SERENITY | £80PP

1 hr Thermal Suite

1 hr Serenity Suite

20 Minute Treatment

Choice of:

Signature Back Massage

Epionce Facial

Leg & Foot Renewal

Ayurvedic Scalp Ritual

DIAMOND SERENITY | £120PP

1 hr Thermal Suite

1 hr Serenity Suite

50-Minute Treatment

Choice of:

Signature Full Body Massage

Epionce Renewal Facial

De Stress Upper Body Massage

Signature Rituals

RESTORATIVE JOURNEYS TO RECONNECT BODY AND SPIRIT

GROUNDING RITUAL
LEG & FOOT RENEWAL
30-Minute | £50PP

Reconnect to earth and ease weary limbs with this revitalising lower leg and foot experience.

The treatment begins with a skin brush to eliminate excess fluid, massage to restore lightness, followed by an invigorating exfoliation and application of muscle easing cream to awaken tired feet and legs.

BACK TO NATURE
BALANCING BACK RITUAL
45-Minute | £65PP

A restorative ritual focused on the back, neck and shoulders to ease tension and renew the skin. An

uplifting back massage, deep cleansing exfoliation and nourishing cream application leaves you feeling revitalised and purified.

FEEL ANEW
EXFOLIATION RITUAL
45-Minute | £60PP

A rejuvenating full body polish to smooth, restore radiance and wake up the senses. Using a gentle exfoliant the skin is refined before warm towels sweep away dead and dull skin. The ritual concludes leaving skin soft and luminous with a hydrating application of botanical body cream - you'll emerge softened, refreshed and feeling anew.

ENERGY RESTORE RITUAL
BACK & SCALP MASSAGE
50-Minute | £80PP

This treatment is designed to help the mind unwind and refocus, restoring balance with the power of Aromatherapy Associates De-Stress Mind oil. Soothing a heavy head of stressful thoughts through Ayurvedic scalp and upper body massage, encouraging a renewed sense of calm and wellbeing, helping to restore the body's natural healing processes.

Signature Rituals

RESTORATIVE JOURNEYS TO RECONNECT BODY AND SPIRIT

OCEAN DETOX

IRISH SEAWEED THERAPY

60-Minute | £85PP

A mineral rich treatment using the healing powers of wild Atlantic seaweed. As the body is cocooned in the oceans natural elements with full body exfoliation, mask and kelp wrap a calming scalp massage soothes the mind. This detoxifying body treatment draws out toxins and impurities, while introducing an abundance of vitamins, iodine and antioxidants.

FOREST THERAPY

BY AROMATHERAPY ASSOCIATES

60-Minute | £95PP

A treatment inspired by the grounding, clarifying feeling of walking through the forest. With expertly blended essential oils to bring the atmosphere of the outdoors in. Begin with a tension-relieving massage followed by a warm, grounding mud mask applied to rejuvenate your hands and feet, and the session concludes with a scalp massage.

SCULPT & FLOW

LYMPHATIC BODY CONTOURING

60-Minute | £85PP

Using Brazilian Lymphatic Drainage & Wood Therapy this treatment aims to reduce bloating and fluid retention, sculpt the body, and enhance tone. Dynamic strokes, fast-paced movements and wooden tools are used for immediate and visible results.

REBALANCING RITUAL

FULL BODY MASSAGE & FACIAL

90-Minute | £115PP

Let the gentle rhythmic massage allow cares and tensions dissolve. A full body massage to melt away stress, harnessed with rich aromatherapy oils to reset and clear the spirit. The treatment continues with an aromatic facial using Epionce skincare to leave you restored and emotionally balanced.

The Massage Collection

TAKING YOU TO A BLISSFUL STATE OF RELAXATION

AROMATHERAPY MASSAGE

BY AROMATHERAPY ASSOCIATES

Full Body | 60-Minute | £85PP

Body, Face & Scalp | 90-Minute | £115PP

This hero treatment starts with an aroma test to allow you to choose the Aromatherapy Associates oil most suitable for you and your needs. Combining signature techniques to calm the nervous system and ease muscular tension. Breathe in peace and breathe out tension with wonderful scents and powerful therapeutic benefits for body and mind.

ONCOLOGY MASSAGE

Full Body | 60-Minute | £85PP

Body, Face & Scalp | 90-Minute | £115PP

Soothing, gentle & nurturing massage avoiding any areas affected by cancer. Oncology massage is for anyone currently living with or having undergone treatment for cancer in the last 6 months.

THE NURTURING EMBRACE

MATERNITY MASSAGE

Back | 30-Minute | £50PP

Full Body | 60-Minute | £85PP

A gentle nurturing massage to support the changing rhythms of pregnancy. Using nourishing, pregnancy safe oils and gentle massage techniques, this treatment soothes tension and offers a moment of stillness and connection to embrace the joy of pregnancy. Suitable from the second trimester onward.

THERMAL STONE RELEASE

HOT STONE MASSAGE

Back | 30-Minute | £55PP

Full Body | 60-Minute | £90PP

Immersed in a deeply moisturising oil, a carefully chosen selection of Balinese stones are used to target your specific needs. The stones are used to skilfully massage, working deeply into the muscles to address tension at a profound level, coaxing the release of trapped energy.

The Facial Edit

WELLBEING ENHANCED WITH EPIONCE SKINCARE

EPIONCE EXPRESS FACIAL

30-Minute | £60PP

Designed for all skin types to restore luminosity and refresh the skin. A tailored facial cleanse and mask, before an express massage across the shoulders, face and scalp to boost circulation, followed by application of a results driven Epionce moisturiser to leave skin soft and radiant.

EPIONCE SIGNATURE RENEWAL FACIAL

60-Minute | £85PP

A deeply nurturing facial using plant-based Epionce skincare, to lift, renew and de-stress. Products will be chosen by your therapist and adapted to your unique skin concerns. The face and decollate is cleansed and exfoliated deeply, a lifting massage is performed to the shoulders, neck, face and scalp. A rejuvenating mask is applied and the skin is quenched with creams and moisturisers to conclude.

The Connection Room

SIDE BY SIDE IN A SACRED SPACE FOR TWO

For those wishing to unwind side by side, many of our treatments can be experienced in our peaceful couples suite. This allows you to reconnect with a loved one, friend or partner while enjoying your chosen ritual in unison.

Please request at the time of booking, as availability is limited.

Elevate your Experience

NOURISH YOUR SENSES A LITTLE FURTHER

HAND & FOOT RITUALS

Express Manicure or Pedicure | £20

Nails shaped, buffed, and polished for a clean, elegant finish.

Express Gel Polish | £30

Includes cuticle care and application of high-gloss gel polish.

Luxury Manicure | £50

A deeply conditioning ritual for tired hands. Includes warm towel compress, exfoliation, cuticle care, massage, mask, mitts, and polish.

Luxury Pedicure | £50

A restorative treat for weary feet. Enjoy a warm soak, exfoliation, cuticle care, mask, heated mitts, massage, and polish.

FINISHING TOUCHES

Lip Wax | £5

Chin Wax | £5

Eyebrow Wax | £6

Underarm Wax | £10

Basic Bikini Wax | £10

Half Leg Wax | £20

Full Leg Wax | £25

Facial Threading | £15

Eyebrow Tint | £6

Eyelash Tint | £8

Spray Tan | £25

Corick Spa Facilities

ELEMENTS OF WELLNESS

THERMAL SUITE

Move between heat, water and stillness at your own pace. The thermal facilities have been designed to calm the body, quiet the mind and enhance wellbeing. Whether enjoyed before or after your treatment, each element offers an opportunity to pause and reconnect.

Access to the thermal suite should be reserved in advance and is exclusively available to spa day guests, hotel residents and leisure members.

Guests enjoying spa treatments of 30-Minutes or more receive complimentary 1 hr access to the Thermal Suite.

Hotel residents without spa included in their package may enhance their stay with a 1hr Thermal Suite experience for £10PP, subject to availability.

HYDROTHERAPY POOL

Immerse into soothing water, heated between 30-33°C, where gentle jets restore and revitalise the body.

SAUNA

Step into the comforting warmth and experience the benefits of dry heat to relax muscles, mimic moderate cardiovascular exercise and trigger the release of mood-enhancing endorphins.

STEAM ROOM

Allow the warm vapours to envelope your body, clearing congestion, deeply hydrating skin and cleansing pores. Emerge feeling calm and renewed.

EXPERIENCE SHOWER & WARMING LOUNGER

An invigorating contrast to the heated experiences, a refreshing burst of cooling water to awaken the senses before relaxing on the warm lounger.

**The Thermal Suite & Spa is an adult-only area.
Guests must be 16+ to enjoy its restorative benefits.**

How to Spa

YOUR GUIDE TO A MINDFUL AND RESTORATIVE EXPERIENCE

BEFORE YOU ARRIVE

We invite you to arrive 15 minutes early to complete a wellness consultation and ease into your experience without rush. Late arrivals will result in a reduction of treatment time.

CREATING A QUIET SPACE

We ask that mobile phones and electronic devices be silenced to honour the peaceful environment.

WHAT TO WEAR

Robes, towels, and slippers are provided with our compliments. Swimwear is required in all thermal and water-based areas.

For your comfort disposable underwear is available for spa treatments and we kindly ask that undergarments be worn for all therapies.

CHANGING ROOMS

Complimentary lockers are provided for personal belongings and can be secured with a four-digit code of your choice, entered twice. Showers, toilets and amenities are available for use throughout your visit.

RELAXATION AREA

Your therapist will invite you to unwind in the relaxation area, which is reserved exclusively for guests to enjoy post treatment.

FOOD & BEVERAGES

We have a selection of light bites, nibbles and drinks available to purchase. Only food and drinks purchased on site can be consumed within the spa.

YOUR WELLBEING

Please let us know if you're pregnant, nursing, or have any health conditions when booking. Our team will gently guide you to treatments best suited for your body's needs at this time. For your safety, we do not offer treatments within the first trimester of pregnancy and a doctors note may be requested for some medical conditions.

All treatments carried out subject to the completion of a consultation form, and may be refused to preserve your health.

How to Spa

YOUR GUIDE TO A MINDFUL AND RESTORATIVE EXPERIENCE

GIFT VOUCHERS

Available to purchase online and from the Spa or Hotel reception team.

If making payment with a voucher this should be mentioned at the time of reservation and also presented at your appointment as payment.

CANCELLATIONS & CHANGES

Should your plans change, we kindly request a minimum 72 hours' notice. Cancellations, amendments or reductions to bookings within this time will incur a 100% cancellation charge, applied to the card provided at the time of booking or deducted from payment already received.

Cancellations must be submitted in writing to reservations@corickcountryhouse.com

RESERVING YOUR APPOINTMENT

Bookings can be made online:
www.corickcountryhouse.com

Via telephone: 0(28)8554 8216

Email: reservations@corickcountryhouse.com

A valid debit/credit card pre-authorisation is required to reserve a spa booking.

PAYMENT POLICY

Payment for spa experiences should be settled at spa reception prior to departure, and may be made by debit card, credit card, cash or gift voucher.

Alternatively, payment can be taken from the card authorised at the time of booking.

Hotel residents wishing to charge spa bills to their room account are kindly asked to notify the spa reception during your visit.

Prices are per person and are subject to change.

SPA OPENING HOURS

Monday-Friday 9.00am-9.00pm

Saturday & Sunday 9.00am-7.00pm



WWW.CORICKCOUNTRYHOUSE.COM

20 CORICK RD | CLOGHER | BT76 0BZ

0(28)8554 8216

