



CORICK HOUSE
HOTEL & SPA

SPA TREATMENT
PORTFOLIO

The Spa at Corick House



Secluded in the heart of Clogher Valley with a strong emphasis on the curative powers of nature and water, The Spa at Corick House Hotel promises to deliver an enchanting spa escape. The calming tones of bronze and gold meet you at the entrance and immediately begin the process to calm your mind, relax your body and restore your spirit.

With 8 luxurious treatment rooms including couples rooms guest can enjoy our range of relaxation and beauty treatments. Your treatment will be followed by a mindful moment in the deep relaxation room.

The Spa at Corick House also boasts the sumptuous Serenity Suite. A little bit of added luxury to your spa break, the private area is in a secluded corner of the spa with no interruptions. Float away to a land of luxury in our outdoor hot tub, curl up in the relaxation area with a selection of herbal teas and fresh fruit juices, and unwind in the private steam chamber. The Serenity Suite is sure to perk you up and revive all of your senses.





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Corick Signature Package

MIDWEEK DELIGHT

£65PP

(Mon – Thurs)

An extra special package designed to brighten your day. Includes:

- 25 minute treatment of you choice.
- Use of our Thermal Suite

HERE COME THE GIRLS

£105PP

(minimum of 4 people)

Enjoy a relaxing day out with the girls. Perfect for a hen party, birthday or special occasion. Begin your experience with:

- One hour in our thermal suite
- One hour in our private Serenity Suite
- Bottle of prosecco
- Two 25 minute treatments



COUPLES RETREAT

£165PP

(Minimum 2 guests)

The perfect escape for any couple. Indulge in a little pampering in the Spa at Corick House Hotel. Includes:

- Thermal Suite 1 hour
- Private Serenity Suite 1 hour
- Seasonal sorbet in the deep relaxation room
- Bottle of Prosecco
- Fresh strawberries & chocolates
- Full body massage
- Tailored express Facial
- Light lunch in the Blackwater Bar & Lounge.

CORICK RELAXATION

£190PP

The perfect relaxation treat. A fusion of treatments combined to provide a truly relaxing spa experience.

- Full body hot stone massage with essential aroma oils to follow
- A luxurious facial tailored to your specific skin requirements
- Head, neck and shoulder massage
- Finish your treatment with a Luxury Pedicure (Gel upgrade available £10)
- Seasonal sorbet in the deep relaxation room
- Light lunch in the Blackwater Bar & Lounge



Serenity Suite

The Serenity Suite is the perfect escape. A little bit of added luxury to your spa break, the private area is in a secluded corner of the spa with no interruptions. Float away to a land of luxury in our outdoor hot tub, curl up in the relaxation area with a selection of herbal teas and unwind in the private steam chamber. The Serenity Suite is sure to perk you up again and revive all your senses.

All Serenity Suite packages are 60 minutes and include an additional 60 minutes use of the Thermal Suite in the spa, where you can relax in the luxury hydrotherapy pool with massage jets, sauna, steam room and thermal lounge

SERENITY SUITE SILVER RETREAT

120 MINS £40pp Mon-Sun

Indulge in a little pampering in the Spa at Corick House Hotel.

Guests will avail of:

- The state of the art hydrotherapy pool
- Use of the sauna and steam room for 1 hour
- Private Serenity Suite for 1 hour



SERENITY SUITE GOLD RETREAT

140 MINS £80pp

Indulge in a little pampering in the Spa at Corick House Hotel. Guests will avail of the state of the art hydrotherapy pool, sauna and steam room before retreating to the private Serenity Suite for 1 hour where a glass of sparkling wine, fresh strawberries and chocolates will be awaiting your arrival. Guests will also receive a 20 minute treatment of their choice followed by tranquility time in our deep relaxation area. Please choose from one of the following treatments:

Relaxing Back Massage, Scalp, Neck & Shoulder Massage, Foot and Leg Massage, Express Facial

SERENITY SUITE DIAMOND RETREAT

170 MINS £115pp

Enjoy all the indulgence of the Serenity Suite for 1 hour where a glass of sparkling wine, fresh strawberries and chocolates will be awaiting your arrival and receive one 50 minute treatment of your choice followed by tranquility time in our deep relaxation area. Please choose from one of the following treatments: Signature Facial , Swedish full Body Massage

Back Massage & Express Facial

SERENITY SUITE PLATINUM RETREAT

220 MINS £180pp

Enjoy all the indulgence of the Serenity Suite for 1 hour where a glass of sparkling wine, fresh strawberries and chocolates will be awaiting your arrival. Guests will also receive two 50 minute treatments (Swedish full body exfoliation, facial, full body massage). Followed by tranquility time in the deep relaxation area. This package also includes a light lunch served in the Blackwater Bar & Grill in the main hotel.



Epionce Facial Treatments

RENEWAL EYE AND LIP TREATMENT

25 MINS £50pp

The perfect stand alone treatment, or an add on to any facial to help combat and treat puffiness, dark circles and loss of firmness around the eyes as well as fine lines and dehydration around the eyes and lips.

EPIONCE EXPRESS FACIAL TREATMENT

30 MINS £60pp

A light, refreshing facial, perfect for on the go individuals looking for a more in-depth guide to treat their skin with epionce home care product range. This facial also enables your therapist to re book a more in depth service to address specific concerns and conditions.

EPIONCE PORE PURIFYING TREATMENT

50 MINS £75pp

A deep cleansing facial for oily and problematic skin to help loosen pore debris for extraction through the use of steam and individual product line to best suit your skin. Helping to balance, calm and smooth the visible appearance of uneven skin texture and imperfections.

EPIONCE SIGNATURE RENEWAL FACIAL

60 MINS £80pp

A European style facial with emphasis on deep cleansing, relaxation, anti aging and massage. Aimed at improving radiance through a combination of botanical ingredients and patent pending formulas helping to enhance cell turnover reducing the visible appearance of fine lines and wrinkles, leaving rejuvenated, healthier younger looking skin.

Hand and arm or neck and scalp massage preformed during your treatment mask.

EPIONCE PREGNANCY FACIAL

50 MINS £75PP

A deeply relaxing and soothing facial suitable for clients during pregnancy or breastfeeding.

Using powerful botanical anti inflammatory properties to strengthen and repair the skin barrier to help hydrate and soothe skin in this ever changing skin journey.



WHAT IS A CHEMICAL PEEL?

Epionce® Lite Refresh peels are a type of chemical skin peel. Chemical peels are a range of professional, exfoliating facials that do not actually contain any chemicals, but are named after the powerful blend of active, anti-ageing ingredients they are formulated from.

The Lite Refresh Peel works to re-establish a better epidermal quality, and this can be used to reverse hyper pigmentation issues, soften the symptoms of mild acne and improve the appearance of fine lines.

The peel itself consists of malic and salicylic acids which are the essential skin exfoliating duo that boosts new skin cell production and leaves the skin clearer, and smoother, from the onset.

For best results we recommend a course of chemical peel treatments

EPIONCE REFRESH SKIN PEEL COURSE OF 4

£360

EPIONCE REFRESH SKIN PEEL COURSE OF 6

£540

EPIONCE REFRESH SKIN PEEL

45 MINS £95.00

Our Epionce® Lite Refresh peel works to unleash the natural potential of your skin and is developed by skincare brand Epionce®, who simply believe that healthy skin is beautiful skin. Epionce® have integrated over twenty years of clinical skin research, science and botanical ingredients to create products that reveal beautifully bright and smoother skin. This treatment is great for the majority of skin concerns and can help with acne, post-acne discoloration, rosacea and overly red skin, along with sensitive skin as it strengthens the skin's natural barrier response, which also helps improve signs of ageing and overall dullness of the skin.



Body Treatments



FRUITY PEEL BODY SCRUB

45 Mins £70pp

The extraordinary cleansing power of salt goes to work releasing toxins in this body polishing treatment combining a fresh rejuvenating scrub for the body with an exceptional exfoliating and smoothing effect. The mix of alpha hydroxyl acids, acting together with the fruit extracts, favours water recall and improve the hydration of the skin.

AROMA-SOUL SCRUB RITUAL

45 Mins £75pp

A unique renewing body ritual for an intimate connection with Aroma-soul elements massages rituals, which reflect the ancient traditions of the Oriental, Mediterranean, Indian and Arabian cultures. This is splendor to all skin types. Profoundly renewed, nourished, smooth and luminous skin.

INNER BALANCE - INDIAN HEAD MASSAGE & HOPI EAR

50 Mins £70pp

Indian head massage is perfect for both the body and mind. It helps ease tense muscles and relieves the neck, shoulders, face and scalp of any aches and pains. This is then followed by Hopi ear candling to induce a pleasant feeling of warmth and a balance of pressure in the ears, forehead and sinuses.



Massage



SWEDISH FULL BODY

50 mins £70pp 75mins £95pp

This classical European Technique of manipulating muscles with aromatic massage oils is both relaxing and invigorating. While providing tonic for the soul, this massage can help improve the function of the circulatory, lymphatic, muscular and nervous systems.

HOT STONE MASSAGE

50 mins £75pp 75 mins £100pp

Bathed in intensely moisturising oil, a curated range of Balinese stones are selected to address exactly what you need. They are worked over the body, deep into the muscles, getting into areas of tension at a profound level, persuading the muscles to release their trapped energy.

THE MASSAGE DUET

50 mins £150 per couple 75 mins £200 per couple

In the privacy of our exclusive suite reserved for two, you and your favourite person can enjoy any of our deeply relaxing 50 or 75 minute massages (priced according to massage choice) as you lie side by side.



Pregnancy

PREGNANCY BACK

30 mins £50pp

A massage adapted to each stage of pregnancy, a little necessity for mums to be. A full pre-birth back, neck and shoulder massage designed to lighten the body.

MUMMY TO BE MASSAGE

50 Mins £70pp

From 12 weeks right up until delivery, mums can experience the benefits of specialized prenatal massage. This massage is conducted without the need to lie on your tummy, and is extremely comfortable and safe for your baby too.

YUMMY MUMMY

170 Mins £155pp

Take time for yourself before or after you have that little bundle of joy. A deeply relaxing treatment designed to relieve the body from the stress and tension of pregnancy. Enjoy a nourishing facial accompanied by a luxury manicure and pedicure.



Finishing Touches



EXPRESS MANICURE / PEDICURE

30 MINS £20

The nails are shaped, filed, buffed and a polish applied.

EXPRESS GEL POLISH

45 MINS £25

Fingers or Toes The nails are shaped, filed, buffed, cuticles tended to and a gel polish applied.

LUXURY MANICURE

60 MINS £50

A well-deserved pampering treatment for your hands. Begin your treatment with a hot towel compress to soften the skin which is followed by a luxurious exfoliation. The nails are shaped, filed, buffed and cuticles tended to. Your therapist then applies a luxurious conditioning mask and your hands will be placed into warm mitts to intensify the treatment. A soothing massage will leave your hands feeling smooth and refreshed. The treatment is completed with a polish.

LUXURY PEDICURE

60 MINS £50

Sink into our state of the art massage pedicure chair and sooth tired sore feet with an invigorating luxury pedicure. After soaking, your feet are exfoliated to refresh the skin and stimulate circulation. The nails are shaped, filed, puffed and cuticles tended to. Your therapist then applies a luxurious conditioning mask and your feet will be placed into warm mitts to intensify the treatment. A soothing massage will leave your feet feeling moisturised and refreshed. The treatment is complete with a polish



Wax Treatments



HARD WAX

A peel off wax applied thickly on the skin and removed with your fingers. Used on sensitive and delicate areas.

SOFT WAX

Is applied thinly and used with a paper strip. Used on larger areas of skin.

WAXING

Half Leg £13

Full Leg £20

Bikini - (Advanced options available) From £10

Under Arm £7

Lip £4

Eyebrow £5

Chin £4



TINTING

Eyelash Tint £8

Eyebrow Tint £5

Eye Package Eyebrow - Wax, Tint & Eyelash Tint £15

TAN

Spray Tan Full body £20

Half Body £15

MAKE UP £25

Gym Membership



Membership to the fully equipped gym includes complimentary use of the thermal suite including hydrotherapy pool, sauna, steam room, and thermal lounge.

All members will receive 10% discount on home care products and 10% discount on treatments Mon – Thurs.

Membership Options

1 Month gym membership £40

6 Months gym membership £210

12 Months gym membership £360

Access to thermal areas & discounts may be restricted at peak times

Please be aware the thermal suite should be pre booked to ensure your time slot is available post gym.



How to Spa



OPENING HOURS

Gymnasium & Thermal Areas

Mon – Fri 9.00am – 9.00pm Sat – Sun 9.00am – 7.00pm

ON ARRIVAL

The spa kindly asks guests to arrive 15 minutes prior to their first appointment to allow time to change, if desired, and fill out a medical questionnaire. Arriving late will deprive you of precious minutes of your treatment.

SPA ATTIRE

The spa provides complimentary robes, towels and slippers. Swimwear should be worn in all of the wet facilities in the spa. Disposable underwear can be provided for wet treatments and we respectfully request that underwear is worn for all other treatments.

ETIQUETTE

The Spa is a sanctuary for the mind, body and soul. Out of consideration for others, we request that visitors keep noise to a minimum. Mobile phones and electronic devices must be switched off before entering the spa.

MOTHERS TO BE

Please advise us if you are pregnant or nursing as some treatments during this special time are not recommended. We have a range of treatments that have been specially selected to help with all your needs during this magical time and will be happy to recommend these treatments. Please allow the spa team to guide you in selecting which treatments are most suitable for you during this special time. Unfortunately we do not offer spa treatments during the first 2 weeks of pregnancy.

THERMAL SUITE

Children under the age of 16 years old are not permitted in the spa or thermal area. We ask that jewelry is not worn in the thermal suite or serenity suite and locked safely in your locker

CONTRA-INDICATIONS

All treatments are carried out subject to completion of our client consultation card, which you will be required to complete on arrival. If you have any medical conditions there may be restrictions on the treatments you can avail of. If you have high blood pressure, heart conditions, allergies or any other medical complications we advise that you consult your doctor before booking spa treatments. If you have a medical condition and would like to know what treatments you can avail of, please ask our spa therapists who will be happy to assist you.

PAYMENT

We accept cash, all major credit cards and hotel guests can charge to their room. All prices are quoted in pounds sterling per person and are subject to change without prior notice. We also reserve the right to modify or discontinue treatments without prior notice.

REFUND POLICY

Treatment packages are nonrefundable and non-transferable.

CANCELLATION POLICY

For group bookings of 5 guests or more a 4 day cancellation period is required otherwise there will be a 100% cancellation fee incurred. For bookings under 5 guests we require a cancellation period of 72 hours. If this cannot be given for any reason it will result in a 100% cancellation fee on the given debit/credit card.



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